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## CLAIMS

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A porous body which is soluble or dispersible in
 aqueous media comprising a three dimensional open-cell lattice containing:

- (a) 10 to 95% by weight of a polymeric material which is soluble in water, and,
- (b) less than 5% by weight of a surfactant, said porous bodies having an intrusion volume as measured by mercury porosimetry (as hereinafter described) of at least about 3 ml/g, and, with the proviso that said porous bodies are not spherical beads having an average bead diameter of 0.2 to 5mm.
- Porous bodies as claimed in claim 1 wherein the bodies
   are in the form of powders, beads or moulded bodies.
- 3. Porous bodies as claimed in claim 1 or claim 2 wherein the polymeric material is a homopolymer or copolymer made from one or more of the following (co)monomers:
  alkenes; dienes; urethanes; vinyl esters; styrenics; alkyl (meth)acrylates; alkyl (meth)acrylamides; (meth)acrylo-nitrile; vinyl ethers; imides; amides; anhydrides, esters; ethers, carbonates; isothiocyanates; silanes; siloxanes; sulphones; aliphatic and aromatic alcohols; aromatic and aliphatic acids; aromatic and aliphatic amines

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- 4. Porous bodies as claimed in claim 3 wherein the polymeric material is polyvinyl alcohol.
- 5 5. Porous bodies as claimed in any preceding claim wherein the porous polymeric bodies have water soluble and/or water insoluble materials incorporated into the polymeric lattice
- 10 6. Water soluble porous polymeric bodies as claimed in claim 5 wherein the water soluble material is selected from water soluble vitamins; water soluble fluorescers; activated aluminium chlorohydrate; transition metal complexes used as bleaching catalysts; water soluble polymers; diethylenetriaminepentaacetic acid (DTPA); primary and secondary alcohol sulphates containing greater than C8 chain length or mixtures thereof.
- 7. Water soluble porous polymeric bodies as claimed in

  claim 5 wherein the water insoluble material is

  selected from antimicrobial agents; antidandruff agent;

  skin lightening agents; fluorescing agents; antifoams;

  hair conditioning agents; fabric conditioning agents;

  skin conditioning agents; dyes; UV protecting agents;

  bleach or bleach precursors; antioxidants;

  insecticides; pesticides; herbicides; perfumes or

  precursors thereto; flavourings or precursors thereto;

  pharmaceutically active materials; hydrophobic

  polymeric materials and mixtures thereof.

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8. A method for preparing water dispersible or water soluble porous bodies which are soluble or dispersible in non-aqueous media comprising a three dimensional open-cell lattice containing 10 to 95% by weight of a polymeric material which is soluble in water, and, less than 5% by weight of a surfactant, said porous bodies having an intrusion volume as measured by mercury porosimetry (as hereinafter described) of at least about 3 ml/g, and, with the proviso that said porous bodies are not spherical beads having an average bead diameter of 0.2 to 5mm: said method comprising the steps of:

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- a) providing an intimate mixture of the polymeric material and any surfactant in a liquid medium
  - b) providing a fluid freezing medium at a temperature effective for rapidly freezing the liquid medium;
- c) cooling the liquid medium with the fluid freezing medium at a temperature below the freezing point of the liquid medium for a period effective to rapidly freeze the liquid medium; and
- d) freeze-drying the frozen liquid medium to form the porous bodies by removal of the liquid medium by sublimation.
- 9. A method as claimed in claim 8 wherein the cooling of
  the liquid medium is accomplished by spraying an
  atomised water-in-oil emulsion into the fluid freezing

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medium; by dropping drops of a water-in-oil emulsion into the fluid freezing medium or by pouring a water-in-oil emulsion into a mould and cooling the emulsion in the mould.

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- 10. A method as claimed in claim 8 or 9 wherein the polymeric material is a homopolymer or copolymer made from one or more of the following (co)monomers:
  Alkenes; dienes; urethanes; vinyl esters; styrenics; alkyl (meth)acrylates; alkyl (meth)acrylamides; (meth)acrylonitrile; vinyl ethers; imides; amides; anhydrides, esters; ethers, carbonates; isothiocyanates; silanes; siloxanes; sulphones; aliphatic and aromatic alcohols; aromatic and aliphatic acids; aromatic and aliphatic amines
  - 11. A method as claimed in claim 10 wherein the polymeric material is polyvinyl alcohol
- 20 12. A method as claimed in claim 8 wherein the intimate mixture is a water-in-oil emulsion.
- 13. A method as claimed in claim 12 wherein the discontinuous phase of the emulsion comprises 10 to 95%25 by volume of the emulsion.
  - 14. A method as claimed in claim 13 wherein the discontinuous phase of the emulsion comprises 20 to 60% by volume of the emulsion

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- 15. A method as claimed in claim 12 wherein the discontinuous phase of the emulsion is selected from alkanes; cyclic hydrocarbons; halogenated alkanes; esters; ketones; ethers; volatile cyclic silicones and mixtures thereof.
- 16. Solutions or dispersions comprising a polymeric material obtainable by exposing the porous bodies of any one of claims 1 to 7 to a aqueous medium.

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17. Solutions or dispersions comprising a polymeric material, surfactant and a hydrophilic material obtainable by exposing the porous bodies of claim 5 water having insoluble materials incorporated into the polymeric lattice to an aqueous medium.